



Ready to Sail with Quest – Your San Blas Adventure Awaits

Cartagena → Puerto Lindo

Hi Sailmates!


We are excited to welcome you aboard *Quest* for an unforgettable journey through the paradise islands of San Blas. Please take a moment to read through this important information carefully. If you have any questions or doubts, reach out to us in advance so we can assist.

Your departure date in Cartagena: _____

Your arrival date in Puerto Lindo: _____

The Route

We will spend **three full days island-hopping** through the San Blas archipelago and about **30–40 hours sailing open sea** on the crossing from Cartagena to the first island in San Blas. In total we will visit 3-4 island groups.

 *Pro tip:* We strongly recommend you to bring seasickness medication (like Dramamine), even if you don't usually get seasick. It's best to start taking it before the open sea crossing. Not all passengers are affected by seasickness; however, your journey will be much more enjoyable if you can avoid the doubt. Dramamine is a common brand, which seems to be the most efficient, and can be bought at most pharmacies.

Meeting Point: Club Nautico Manga, Cartagena

We meet at 10 AM at Club Nautico on the day of departure. To the meeting you need to bring the full payment in cash, your passport and your big backpack. It is important to bring the big backpack since it will be stored in a water-tight compartment. Make sure you take out everything you need for the trip beforehand, since you will not have access to the big backpack during the trip. We will keep the passport and give it to the agent that will get it stamped with immigration.

After payment, passport collection and storage of your big backpacks, you spend the rest of the day in Cartagena, and you need to be back at Club Nautico at 20:00 in the evening. We will pick you up with the dinghy and transport you to the boat. It is important that you have completed all your shopping for the trip beforehand. After you have boarded *Quest*, we will have a briefing about safety and life onboard.

Important Documents

Bring **one printed copy** of your passport. If you haven't sent us a **photo of your passport**, please do so now.



Payment & Cash

In order to join Quest on the day of departure, you need to bring **full payment in cash** (USD or PESO) on departure day. Withdraw cash in advance to avoid ATM limits or out-of-service machines. If you want to pay in PESO it will be at the exchange rate for that day at <https://www.xe.com/>

Additional cash you'll need:

- \$20 USD: Guna Yala tourist tax
- \$25 USD: Shuttle (if applicable)
- Extra cash for snacks, souvenirs, or drinks on the islands.

Please note that Colombia has its own currency (COP). In San Blas and Panama, you can only pay with USD.

Packing & Luggage

Pack light! You'll only need: Towel, Swimwear, Reef-safe sunscreen, Bug repellent, Cap or hat, A few changes of clothes, Toothbrush.

Large bags will be stored in a water-tight compartment, and are not accessible during the trip. Prepare a small daypack with everything you need.

Drinks & Snacks

Feel free to buy some drinks and snacks before boarding Quest. We do not offer drinks on board, except tea, coffee and drinking water. You can buy drinks and snacks on some islands of San Blas. There is a small fridge onboard where you can keep your drinks cool. The size of the fridge is in total three cases of beer, so please do not bring the 1,5-liter bottles of soft drinks if you want them cool, because they do not fit in the fridge. Since we make our own water with a water-maker, there is unlimited drinking water onboard.

There is a Carulla (supermarket) just three minutes-walk from Club Nautico. Just walk on Carrera 20 until you reach the supermarket.

Arrival in Puerto Lindo, Panama

We usually arrive Puerto Lindo around midnight - 4 am. You will have breakfast onboard Quest at 8 AM on this day, and then a local lancha will take you to the shuttle to take you to Panama City. The shuttle takes around 2 hours and they will drop you off at your hostel.

You can also choose to stay in Puerto Lindo, or take the public transportation (8-10 USD 3-4 hours).

 **Shuttle:** \$25 USD (2 hrs to Panama City). Pickup at 9:00 AM.



Dietary Requirements

We happily accommodate dietary requirements. Please contact us in advance so the chef can prepare accordingly. Vegan and Vegetarian options are available for an additional 25 USD. The chef has 5 years of experience cooking vegan and vegetarian meals and always makes sure there are tasty and satisfying vegan or vegetarian options. For any other dietary restrictions, please contact us.

We can't wait to sail with you soon! Get ready for dolphins, reefs, and the wild beauty of the San Blas.

Greetings and welcome onboard,

Captain Goeran & Chef Hilda